VOLUME 51 ISSUE 1

GAMMA CHAPTER

FALL 2025

MISSION

STATEMENT

The Delta Kappa Gamma Educational Foundation supports and encourages intercultural understanding and educational excellence.

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GAMMA NEWS

This summer has been busy as I am the executor for my parents' estate. We had to clean out three floors worth of books, tools, material and sewing supplies from the house. We did get the house sold but am currently getting ready for a second auction to sell most of the 45 tubs of material that mom had in her sewing room and in the basement. I joke that every time I get to the end of the tunnel, there is another one waiting.

Since Ohio State DKG focus this year is on mental health, I look forward to being able to relax and get my house back in order. Hoping all of you have the chance to get some self-care time in your schedules also.

Michele Koenig

OHSO Website

The Executive Board met last summer and approved money to update and secure the Ohio State Organization website. Once complete, members will need to log in similar to the DKG International website. Many of us have had spam from "officers" come to our personal emails due to spammers getting our information off of the state website. Watch for updates in the OHSO newsletter *The Voice*.

Also, the abbreviation for the Ohio State Organization has been changed from OSO to OHSO. To the right are updated email addresses to reflect this change.

UPDATE OHSO OFFICER EMAIL ADDRESSES NOW

Please be sure to update your contact information for each Ohio State Organization (OHSO) officer. A number of the old email addresses no longer exist and if you use them they will bounce back.

When emailing Chapter Yearbooks be sure to use $\underline{goldkey@dkgohio.org}.$

President: ohsopresident@dkgohio.org
First Vice President: eec@dkgohio.org
Second VicePresident: goldkey@dkgohio.org
Recording Secretary: membership@dkgohio.org
Corresponding Secretary: secretary@dkgohio.org
Treasurer: treasurer@dkgohio.org
Parliamentarian: parliamentarian@dkgohio.org
Editor of The Voice: editor@dkgohio.org
Web Administrator: webadmin@dkgohio.org

Leadership for 2024—2026

President: Michele Koenig

Vice President: Sandra Trask-Tyler

Co-Secretaries: Mary Cardinal

Judy Valentine

Treasurer: Dorene Henschen

Parliamentarian: Katherine Wheeler

Webmaster- Ellen Clark gammaohio.com Newsletter Editor- Janet Halter

Grant-in-Aid

Given that Emeri Ferguson is busy with her newest addition to their family, Tia Tyler has agreed to chair the Grant-in-Aid program for this year. As a former grant recipient, Tia knows how helpful the grants are. It will be done using a Google form link similar to what we did last year. In order to have this linked to Gamma instead of an individual's email, I have created a Gmail account for Gamma. We will coordinate the responses through this new account. Grant applications are due back by Dec. 31st.

Nominations & Parliamentarian:

Seeking willing volunteers to serve as chair for Nominations and another as Parliamentarian. Please let Michele know if you are interested in fulfilling either of these important roles for our chapter. Thank you.



Pat Ferrenkopf 9/19

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- Linda Wright 9/30
- Mary Cardinal 10/3
- Marlynn Schwenk 10/3
- Elizabeth Biglin 10/8
- Willa Mullins 10/13
- ◆ Debbie Lynch 10/18
- Emeri Ferguson 11/24
- ◆ Tia Tyler 12/3
- Sally Tossey 12/4
- Cathy Jones 12/21
- Carolyn Bordelon 12/28
- Janet Howson 12/31
- Mariruth Suebert 12/31
- Sherry Grimes 1/4
- Joanne Katonak 1/17
- ◆ Janet Halter 2/15
- ♦ Mary Anne Wiedenheft 2/21
- Virginia Cermelj 3/1
- Michele Koenig 3/19

Updates on members to enter into the Red Book

Mary Cardinal

4191 Cobbler Rd

New Albany, OH 43054

Dorotha Fuhrman

5800 Forest Hills BLVD Apt D 301

Columbus, OH 43231

(This the Westerwood retirement community)

Dorene Henschen

120 East Stafford Ave

Apt 241

Worthington, OH 43085

(This is the Hartford at Stafford Village)





Meeting Highlights pgs 3—4

In **June** Gamma members met at the Franklin Park Conservatory to tour the gardens there inside and out. A beautiful morning was enjoyed among the plants and flowers with lunch from the Garden Café within the conservatory. This large monarch and adjoining flowers are made from Leggos placed in the outside garden.



On **September** 20, 2025 Gamma chapter recognized and remembered two of our late members during a necrology ceremony: Mary Ellen Angeletti and Linda Ruehrmund. Their lives touched all of us and their communication of love, kindness, and support were brought to remembrance by those attending this meeting. Both ladies were active members of our chapter and held many offices that helped keep our chapter active and thriving. We are indebted to their leadership and thankful for their dedicated service. Reba Barney Membership Chair

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At the **October** meeting, members Michele Koenig and Sandra Trask-Tyler, presented a program about Hinge Health which is an app that walks one through specific exercises geared for strengthening various parts of the body especially all of the joints.

www.hingehealth.com

All participated in the doable movements while standing and felt the benefit of just a short interaction with the program. Below is a picture of the group at this meeting which was held at a Columbus Library.



Meetings Upcoming pgs 4 & 5

Wednesday, Nov. 12, 2025

Zoom 7:00 pm

How Nutrition Supports our Mental Health

Robbin McSurley, RD.

Thought for the Day: Reba Barney

Wednesday January 14, 2026

Zoom 7:00 pm

Member Sharing & Business Meeting

Thought for the Day: Judy Valentine

Saturday February 7, 2026

Zoom 10 am

How Activities Benefit our Mental Health, Lambert Diehi

Grant in Aid Presentations

Thought for the Day: Dorene Henschen

March 2026

Evening date & time TBD

Tour FESTA Family Programming and attend the 'Dessert Café'

Hostess & Thought TBD

Saturday April 11, 2026

10:00 am

Tour the Ronald McDonald House

Lunch at Panera Bread

Wednesday May 6, 2026 Founders' Day

Thursday June 11, 2026

10:00 am

Officer Installations

Grant in Aid Presentations

Program Planning, Potluck

Hostesses: Judy Valentine & Sherry Grimes

DKG International Convention

June 30-July 4

Aurora, Colorado

September 2026

date & time TBD

Hanby House

This summer I had the privilege of participating in Westerville Special Olympics United Golf. My partner and I practiced Sunday evenings starting in July for our regional and state competitions. We finished our season by participating in the State Tournament a couple of weeks ago and we placed gold out of 6 teams. I have been able to help with golf for over a decade, but this was my fourth year being a Unified Partner. Tia Tyler





This year I was invited to become a member of a Chamber Orchestra that meets every Tuesday from 10:00 – 12:00 at the Griswold Center in Worthington, Ohio. As a violinist I was thrilled to have this opportunity to use my training and musical skills. This group has a conductor, violins, violas, cellos, and flutes. We play all sorts of styles and perform for nursing home, senior residences, and the like. Reba Barney

I will be participating in a year-long fellowship with Groundwork Ohio. During this fellowship, I will be receiving training and support to strengthen leadership and advocacy skills. The focus is on early childhood education and families. We will collaborate with other early childhood professionals throughout Ohio. Our final project will use research, meetings with families and legislators, and other resources to center around an issue in Ohio such as making childcare more affordable for families, increasing pay for early childhood professionals, etc., and it will be presented in August 2026 to other members of the cohort.

https://www.groundworkohio.org/fellowship

Emeri Ferguson

MINUTES OF GAMMA CHAPTER MEETING OCTOBER 9, 2025

The October Gamma chapter meeting was called to order by President Michele Koening at 10:00 am at the Karl Road Library with 14 members present.

Thought for the Day was given by Mary Cardinal on "Healthy Sayings" and Liz Biglin in a salute to John Lennon on his October 8th birthday.

Program on Hinge Health was presented by Michele Koenig and Sandie Trask-Tyler.

Meeting resumed at 10:35. A motion to accept the September minutes was made by Liz Biglin and seconded by Sandie Trask-Tyler. Motion passed.

Treasurer's Report: Dorene Henschen reported the ending balances in checking at \$5923.66, \$7947.02 in savings, and \$1260.75 in Grant-in-Aid. A \$1000 CD that came due was added to Grant-in-Aid.

Communications: Janet Halter will be sending out the fall newsletter. The approved budget will be sent separately. Cathy Jones reported that cards will be sent to our shut-in members.

Next meeting is Wednesday, November 12 at 7:00 pm on Zoom.

There being no further business, the meeting was adjourned at 10:45 am. Lunch followed at Bob Evans on 161.

Mary Cardinal Co-secretary