

FALL 2021

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**GAMMA NEWS**

Photo by Janet Halter

Please consider how you might serve the chapter in a leadership capacity for the 2022–2024 biennium.

Due to the Covid pandemic, almost all of the chapter meetings during the 2020–2021 program year were held via Zoom. However, the chapter was able to hold an in-person meeting in June since the pandemic appeared to be subsiding. It was a warm day,

but the gentle breeze and the protection under the Koenig's large canopy made this opportunity to be together very pleasant.

The program details are on page 6.



Co-President's Message

Greetings Gamma Sisters,

What an unusual year we have had! We have learned how to Zoom; we have had a virtual state convention; we have been vaccinated and/or are wearing masks so we can safely travel and mingle with others; and we even had a virtual Founders' Day celebration, thanks to Michele Koenig and Linda Ruehrmund. Please continue to be safe as the new Delta variant has arrived.

Many of us enjoyed the OSO virtual convention this year, with outstanding speakers for the many breakout sessions. Having those breakout sessions spread out over the months of March and April was a great idea. A lot of you mentioned that it allowed you to attend more sessions than what we have been able to attend at previous in-person conventions. In fact, so many of you attended those breakout sessions, and the convention itself, that Gamma Chapter received the 3rd place Convention Attendance Award of \$50, to be used toward the addition of new members. Good job!!

I love the addition of the "Book Corner" to our newsletter. I'm always looking for a good book to read. A good read helps me to regenerate between tasks and to relax before bed. Thank you, Janet Halter, for compiling the book list and for a fantastic newsletter. I hope all of you are finding the newsletter and book list helpful and enjoyable.

Gamma Chapter has some very interesting programs for this coming year. In September, we will hear about "Healthy Living for Your Brain and Body" via Zoom. In October, we will have a live meeting at a park shelter house along the Scioto River, where we can connect, share good food, and induct new members to Gamma. In November, we will hear about "Mindset Reset" via Zoom, and, in January, also via Zoom, we will hear from the CEO of Mid-Ohio Habitat for Humanity, who will tell us what is being done to improve our most depressed communities. For February, we will have a live meeting at JoAnn's Fabrics to make blankets for foster children, and, for March, we will engage in an exercise/movement session via Zoom. In April, with no OSO convention this year, we will have a live meeting at Michele's house and learn about beekeeping and the importance of bees. Please check out the details for these Gamma programs in this newsletter. We are pleased to include both some Zoom meetings and some live meetings. Details for Founders' Day in May will be forthcoming. I am excited to share that we will be ending the school year with a live program at the Friendship Village gardens in June.

We have had great weather in Ohio this summer, although, sadly, not so good in other parts of the country. Our gardens and wildlife have benefitted, and our spirits have been lifted in the process. Last year, I entered my vegetable garden in the Dispatch Backyard Gardens contest and got second place. This year, I entered my perennial garden in the contest. When entering, you can submit one photo and a paragraph. My choice was inspired by Michele Koenig, as it involved monarch butterflies, so I would like to pay tribute to her. My entry is on page 11 of this newsletter.

Stay safe and be blessed,

Dorene Henschen, Gamma Chapter Co-President



Gamma Chapter

Co-President—Dorene Henschen

Co-President—Linda Ruehrmund

1st Vice President—Sandie Trask-Tyler

2nd Vice President—Carolyn Bordelon

Co-Recording Secretaries -

Mary Cardinal

Liz Biglin

Corresponding Secretary - Mariruth Seubert

Treasurer— Michele Koenig

Parliamentarian —Katherine Wheeler

Newsletter editor - Janet Halter

Webmaster- Ellen Clark

Reminders

Please send to Michele a brief summary of your contribution to/participation in DKG, as well as contributions to Education for Form 6.

Please send a digital head-shot of yourself to Sandie for the Gamma picture directory.

GRANT-IN-AID

Once again Gamma will be awarding \$100 Grant-in-Aid checks to new teachers this year. If you know of a new teacher please let Judy Valentine know so she can contact them with the information to apply.

Judy Valentine

FINANCE

The Finance Committee will have a zoom meeting to work on the budget on 03 Aug 2021.

The Audit will be completed by that date. The annual form due in Nov 2021 was sent in June.

Katherine Wheeler

BUDGET

The budget was approved by the Executive Board, then reviewed at the September chapter meeting. Afterwards, it was sent to chapter members via email.

September—March Birthdays

♦ Pat Ferrenkopf	9/19
♦ Linda Wright	9/30
♦ Mary Cardinal	10/3
♦ Marlynn Schwenk	10/3
♦ Liz Biglin	10/8
♦ Willa Mullins	10/13
♦ Linda Ruehrmund	11/4
♦ Bev Fatig	11/23
♦ Sally Tossey	12/4
♦ Cathy Jones	12/21
♦ Janet Howson	12/31
♦ Mariruth Suebert	12/31
♦ Sherry Grimes	1/4
♦ Joanne Katonak	1/17
♦ Mary Anne Wiedenheft	2/21
♦ Janet Halter	2/15
♦ Virginia Cermelj	3/1
♦ Michele Koenig	3/19

*Three members have withdrawn from the chapter
due to personal reasons:*

Judy McDonald

Bev McPherson

Angie Clark

*We wish them all the best,
and hope that we can stay
in touch with them.*

Sandra Trask-Tyler has a new address.

[366 Allview Rd.](#)

[Westerville](#) 43081



Photo taken by Pat Farrenkopf

Used with permission

Janet Halter has a new address.

[974 Watermill Place](#)

[Marysville](#) 43040

Michele Koenig has a new email.

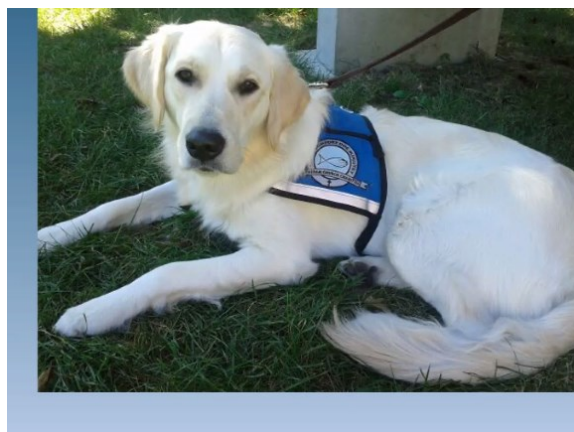
It is:

koenigtutors@gmail.com

*Cathy Jones wants to
thank the chapter for all
the cards, contacts, and
prayers during her re-
cent chemo & radiation
treatments. She is feel-
ing better, and positive
about the results.*

MEETING HIGHLIGHTS

March: Mary Ludlum along with Rosie the Comfort Dog were our guests. Rosie is a LLC (Lutheran Church Charities) K-9 Comfort Dog of Atonement Lutheran Church. Mary is the administrator of the [Comfort Dog Ministry](#) at the church. Our Co-President, Dorene Henschen, is also one of Rosie's handlers. Rosie, attended by handler and helper, make many visits each week bringing calming compassion to those in need or suffering. Rosie obeyed a couple basic commands while in attendance at our virtual meeting.



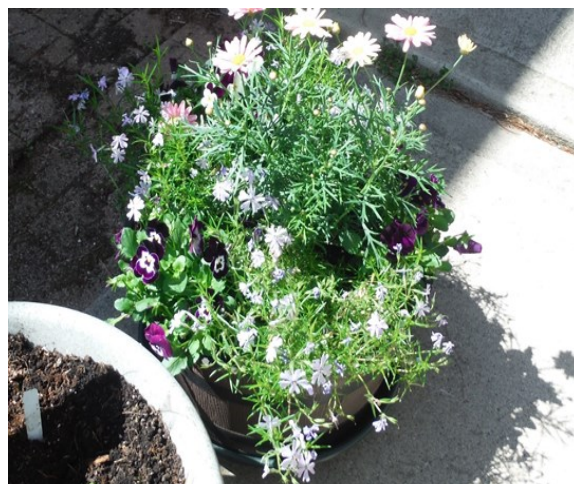
Rosie.....Used with Permission



Container Gardens for Butterflies and Other Pollinators



Beverly Michele Koenig
Gamma Chapter



April: Michele Koenig presented the program for the final break-out session of the state virtual convention. She spoke in great detail about container gardens, and shared many tips and techniques she practices for successfully growing healthy gardens for the benefit of the local pollinators.

Founders: Gamma chapter joined other chapters in a virtual presentation of the newly restored President Warren G. Harding home and grounds in Marion, Ohio. The program was accompanied by a fill-in-the blanks 'Just for Fun' activity which covered some highlights of U.S. Presidents, as well as of the founding women of DKG.



June: Courtesy of the Koenigs, who set up their large outdoor canopy, this meeting was held in person. Michele presented a program on container gardening with several examples from her own garden. She also shared some about her work with butterflies. It was very nice being able to meet in person following a long absence due to Covid. A photo of our gathering is on the front page.

September:

Two speakers from the Alzheimer's Association, Franklin County, presented an overview of how to keep your brain and body healthy. The key contributing components are: Cognitive Activity, Physical Health & Exercise, Diet and Nutrition, and Social Engagement. To learn more from the Alzheimer's Association their website is : www.alz.org. They also provide a 24/7 help line by calling : 800-272-3900.



We can look forward to another great year of chapter meetings! In planning the calendar much consideration was given to the Covid status of Ohio. Therefore, a few meetings will again be via Zoom. The meetings are also staggered by day and time with the intent to provide opportunities for all members to attend and participate when meetings fall at your available times.

Wednesday, September 8, 2021

7:00pm

Zoom

Alzheimer's Association:

Healthy Living for Your Brain and Body

Speaker: Missy Rouse—Program Nurse for Franklin County.

Thought for the Day: Sandie Trask-Tyler

Saturday, October 2, 2021

10:00 am

Griggs Reservoir

Shelter House #5

Along Riverside Dr. (along Scioto River)
between Fishinger Rd. and McCoy Rd.

Initiation and Necrology

Meal: Packed picnic lunch

Hostesses: Michele Koenig, Bev Fatig

Thought for the Day: Michele Koenig

PROGRAM SCHEDULE

2021—2022

Monday, November 8, 2021

7:00 pm

Zoom

Mind Set Reset

Nema Salem-Green

Thought for the Day: Pat Farrenkopf

Wednesday, January 12, 2002

4:00pm

Zoom

Mid Ohio Habitat for Humanity

E.J. Thomas, CEO

Thought for the Day: Dorene Henschen

Saturday, February 5, 2022

10:00am

JOANN Fabrics and Crafts

1265 Polaris Pkwy.

Columbus, 43240

Make Fleece Blankets

Meal: Mimi's Café

1428 Polaris Pkwy.

Columbus, 43240

Hostess: Willa Mullins

Thought for the Day: Judy Valentine

Saturday, March 12, 2022

10:00 am

Zoom

Foot Reflexes and Exercises

Michele Mangione

Thought for the Day: Linda Ruehrumd

continue working on program details can meet afterwards either the same day, or later on.

Saturday, April 23rd, 2022

10:00 am

Michele Koenig's home

8190 Havens Road Blacklick, Ohio

Beekeeping, and the Importance of Bees

Speaker: Marc & Mary Schroeder

Hostess: Michele Koenig

Thought: Dorene Henschen

Lunch: Packed lunch

The September, 2022, meeting is not yet planned. As we go through the year, we will discuss options for this meeting and make those arrangements.

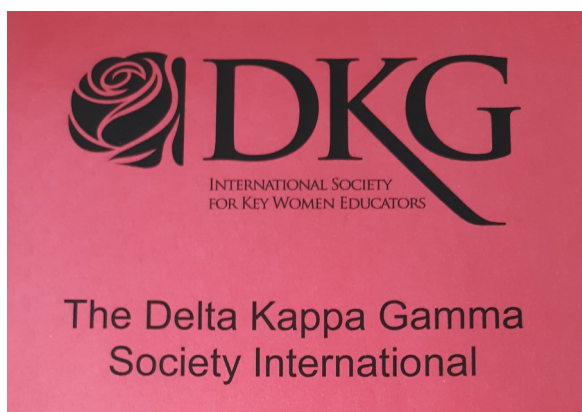
May - Founders**Saturday, June 11, 2022**

10:00 a.m.

Friendship Village of Dublin

6000 Riverside Dr.

Dublin, Ohio 43017

**Tour of Garden**

Friendship Village Garden Designer,

Hostess: Cathy Jones

Thought: Willa Mullins

Following this program, all are invited to lunch at Café Istanbul, which is located across Riverside from Friendship Village. At this time there will be a program planning meeting at which everyone can contribute their ideas for the 2022—2023 program calendar. Following this programming lunch, anyone who wants to

Red Books:

Members will be receiving new Red Books this fall. They will be distributed at the October in-person meeting held at Griggs Reservoir

Spotlight on creative endeavors of our chapter members,. If you have something you would like to share with the chapter, please submit it so we can all celebrate and learn from one another.



Liz Biglin grew sunflowers from seed this summer. Some grew to 10 feet tall!

Photo submitted by Liz
Used with permission



Busy Pollinators Among the Perennials

Monarch butterflies and honey bees are flocking to my garden as the blooms on the Meadow Blazingstar flowers are opening for them. I love to watch the Monarch courtship dances as they move rapidly around the garden. Other perennials for the butterflies and bees in my garden are red milkweed, several varieties of coreopsis, and scarlet bee balm. The bees are also busy with the numerous flowering hydrangeas and the hibiscus. My butterfly bush attracts a variety of butterflies, and I recently added cardinal flowers for the hummingbirds. Many other birds that appear in my garden include several pairs of cardinals, numerous song sparrows, and pretty yellow finches. What a joy it is to watch all that activity in my garden.



Red Lotus.....by Chris Bohjalian.....mystery/thriller.....Mary Cardinal

A Promised Land.....by Barack Obama.....memoir.....Joanne Katonak

Women of the Bible.....by James A. Harnish.....religious text.....Willa Mullins

The Only Woman in the Room.....by Marie Benedict.....historical fiction.....Dorene Henschen

Hunt for the Bamboo Rat.....by Graham Salisbury...historical fiction....Janet Halter

Out of Slavery.....by Carol Trembath.....historical.....DKG eblast session

Book recommendations will be requested for each newsletter.



Gamma sisters, Jan Howson and Bev Fatig, enjoying each other's sweet company.



Photo Submitted by Michele Koenig

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GAMMA MEETING

JUNE 5, 2021

MICHELE'S HOME

Fourteen members were present as our first back-in-person meeting was called to order at 10:12 by Linda Ruehrmund under the tent at Michele Koenig's house.

Thought for the Day was given by Michele who shared a Facebook posting by the Audubon Society on the toxic effects of pesticides on the environment. She was also thanked for hosting the meeting.

The minutes for March were approved as printed.

The Treasurer's report was accepted and filed for audit. There is \$3770.53 in checking with the two checks for Grant-in-Aid to Emeri Ferguson and Eunice Omaniwu still outstanding. Judy Valentine will contact both. A check to God's Hygiene was sent out this past week. A motion was made by Judy Valentine that we donate the refunded \$300 from the Kathy Thomas Fund, set aside for programs this past year, to the Harding Museum and the Comfort Dog Ministry with each receiving \$150. Motion was seconded by Dorene Henschen. Motion passed.

Michele Koenig also needs to check with the membership to see if they want communications sent via mail or through e-mail. There were a few changes made to the Red Book and Michele reminded us that dues and information for Form 6 can be sent to her.

Dorothea Fuhrman was not present and there were no new communications. An update was given on Cathy Jones and it was noted that Brookdale at Home was the new name where Joanne Katonak is living.

Katherine Wheeler had questions about what happens when the Kathy Thomas funds are depleted. A clarification shows there is still about \$1200 which should last for about four more years. (A motion was moved and passed that the 'Any Purpose' funds be used after the Kathy Thomas funds are depleted as amended at the Sept. 8, 2021, chapter meeting.)

In unfinished business, comments were made about Founder's Day and how well organized it was. The tour of the Harding home, along with two fun worksheets,

organized by Michele, were well received. Twenty-eight members representing four chapters took part. Many thanks to Michele for making this all happen.

Members of seven chapters took advantage of the break-out sessions for the DKG/Ohio State Organization 2021 Convention. Members could go to as many as they wished since they were broadcast via Zoom on different nights. Gamma earned third place and \$50 toward new member induction fees since it had 13.4% participation. Gamma Nu had the highest with 17% and Rho in second, with 13.8%.

Under New Business, it was with regret that we accepted the resignation of Angeline Clark. An update of the chapter's standing rules to coordinate with the State Executive Committee needs to be looked over.

Linda Ruehrmund had LOVE magnets and signs available for purchase as an answer to the many negative signs that appeared in Cardington after the election.

Meeting adjourned at 11:14 followed by a short "Container Gardening" program presented by Michele Koenig.

Respectfully submitted,

Mary Cardinal, Co-Secretary

